**Dr Holly Davies**

Clinical Psychologist in Neuropsychology

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| **Professional Qualification**  BSc (Hons) MSc DClinPsy Cpsychol  (Pending completion – due early 2018) - Postgraduate Diploma in Clinical Neuropsychology, University of Bristol  (Pending completion – due 2019) - BPS Qualification in Clinical Neuropsychology  DClinPsy Doctorate in Clinical Psychology (2015) – The South Wales Programme, Cardiff University  BPS Level B Certificate in Psychometric Testing (2011) – Wolverhampton University  BPS Level A Certificate in Psychometric Testing (2008) – Wolverhampton University  MSc Occupational Psychology (2008) – Wolverhampton University  BSc (Hons) Psychology (Upper Second Class) (2007) – University of Wales Institute Cardiff  AQA Intermediate Counselling Skills (2005) – Coleg Gwent  **Professional Membership**  Health and Care Professions Council (HCPC) - Practitioner Psychologist  British Psychological Society (BPS) - Chartered Clinical Psychologist *CPsychol*  **Personal Profile**  I qualified as a Clinical Psychologist in 2015, and I currently work full time in the Welsh NHS in adult neuro-rehabilitation. I provide services for a range of neurological conditions across both inpatient and outpatient settings. My experience to date has been across care pathways, from specialist inpatient rehabilitation to early supported discharge services and outpatient services, and has covered a multitude of conditions. My pre-qualification experience was primarily in brain injury rehabilitation, with some experience of Parkinson’s Disease, Epilepsy, Dystonia, and Medically Unexplained Symptoms; since qualifying I have been fortunate to gain further experience in stroke services. My current role provides support to all neurological conditions, offering cross-diagnostic group programmes to individuals and their families. This has enabled me to gain experience in MS, brain tumours, acquired and traumatic brain injuries, haemorrhages, Fabry Disease, and vasculitis.  I have experience of neuropsychological assessment, differential diagnosis and formulating complex cases, whilst developing and delivering interventions to suit the needs of the individual. I have strong skills in service development and evaluating the outcomes of interventions and projects. Prior to clinical training I worked for a national neuro-rehabilitation provider, Headwise Ltd, and as such I also have experience of providing input in medical-legal cases. In addition to my Clinical Psychology qualifications and ongoing Neuropsychology training, I also have a background in Occupational Psychology. Thus, I have a keen interest in vocational rehabilitation and supporting individuals in work, education, and vocational projects; my eventual goal is to complete my Qualification in Occupational Psychology to become Chartered. I believe in supporting community reintegration and inclusive participation for those living with neurological conditions. I also believe in developing strong links with third sector institutions, government, charitable, and NHS organisations to enable individuals to reach their goals and potential.  I am due to complete the Postgraduate Diploma in Clinical Neuropsychology in January 2018 and the BPS Qualification in Clinical Neuropsychology in early 2019. I currently provide neuropsychological teaching on the South Wales Doctoral Programme in Clinical Psychology (DClinPsy); along with providing training to Cwm Taf staff and external organisations (DWP). I am eligible for registration on the BPS RAPPS supervisory register. I currently provide supervision, line management, consultation, reflective practice, and team formulations in my present role. I have experience in a range of therapeutic approaches and continually strive to improve my skill set through additional training and qualifications.  **Employment**  **Clinical Psychologist in Neuropsychology - Service Lead *October 2016 – Present***  Community Neuro-Rehabilitation Service and Stroke Services, Cwm Taf UHB, Unit 3 Ynysmeurig House, Navigation Park, Abercynon, Mountain Ash, CF45 4SN   * Delivery and development of community (group-based) interventions (ACT, CBT, Mindfulness, Positive Psychology) * Provision of self-management support/services for individuals and their families * Neuropsychological assessment and differential diagnosis (inpatient/outpatient) * Development of service development projects and evaluation of ongoing provision * Responsible for reporting to Welsh Government on service performance * Providing neuropsychological training and teaching (DWP, DClinPsy, Cwm Taf UHB) * Consultation to Early Supported Discharge (ESD) team for stroke and inpatient rehabilitation wards * Provision of team formulations * Assessments of mental capacity * Risk formulation and management * Supervision of Assistant Psychologists, students and CNRS staff * Development of pathways, protocols, and service literature/online platforms   **Clinical Psychologist in Stroke *November 2015 – September 2016***  Community Neuro-Rehabilitation Service, Aneurin Bevan University Health Board, Headquarters, St Cadoc's Hospital, Lodge Road, Caerleon, Newport, NP18 3XQ   * Provision of individual and group based psychological interventions * Providing brief interventions along with longer term support for complex cases * Provision of psychological care to both the ESD team and outpatient stroke psychology service * Neuropsychological assessment and formulation * Assessment of mental capacity * Development of mood and cognition pathways, staff training to support initiative * Facilitated regular supervision for an Assistant Psychologist and reflective practice sessions for the wider ESD team * Team formulations and consultation across the stroke pathway * Training to staff across stroke pathway   **Trainee Clinical Psychologist October 2012 – September 2015**  The South Wales Doctoral Programme in Clinical Psychology, Cardiff University, 11th Floor, Tower Building, School of Psychology, Cardiff University, Cardiff, CF10 3AT   * Provided psychological interventions to complex cases across the lifespan, working with a variety of presentations, individuals, their families, and wider systems and in a range of settings * Trained in a range of therapeutic approaches, with the course predominantly providing instruction in CBT and systemic therapy * Undertook a doctoral thesis research project investigating social cognition in traumatised individuals * Final year elective placement in neuropsychology, split between Rookwood Hospital specialist inpatient brain injury rehabilitation centre and the outpatient neurology service   **Assistant Psychologist & Occupational Psychologist in Training *October 2010 – September 2012***  Headwise Ltd, Innovation Centre, Longbridge Technology Centre, Birmingham, B31 2TS   * Cognitive assessment and screening * Delivering inpatient and community based rehabilitation * Delivery of psychological interventions and evaluating their efficacy * Behaviour and risk management on a neuro-behavioural inpatient unit * Audit, literature reviews, contributing to organisations research projects and service evaluations * Contributed to the development of vocational services within the organisation * Supervised by the Consultant Clinical Neuropsychologists and Family Therapist   **Conference presentations**  Davies, Barningham & Broughton (2017). *Introducing a collaborative and stepped care model of psychological support for patients following a stroke early supported discharge pathway.* Poster presented at the Welsh Stroke Conference, Cardiff, Wales, UK. | **Contact Details**  Headwise Ltd  Innovation Centre, Longbridge Tech. 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