**Amanda Nott**

Occupational Therapist & Case Manager

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| **Professional Qualification****Diploma of the College of Occupational Therapists (1993)****Professional Membership** HCPC Health Professions Council Membership OT22645BOAT: British Association of Occupational Therapists No: BT0213720COTSS-IP College of Occupational Therapist Specialist Section BABICM British Association of Brain Injury Case ManagersCMSUK Case Management Society UK UKABIF United Kingdom Brain Injury ForumLinkedin www.linkedin.com **Personal Profile** I am a skilled independent occupational therapist with professional, clinical and managerial/commercial skills acquired over 23 years in both the private and public sectors, designing, delivering and managing services for young people, adults and older people with severe and complex mental illness, neurological illness/injury and physical disability. I have been self employed since 2003, initially providing consultancy services to care homes and day centres. My experience covers a wide and diverse client base. I continue to work as a treating clinician in acquired brain injury and mental health and in delivering functional restoration packages for those returning to work after illness or injury. I also provide consultancy for services providing therapies in the above sectors. Since 2008 I have been providing case management services for people with acquired brain injury and/or severe and catastrophic injury. I have experience of personal injury litigation and in 2011 completed Bond Solon training in the writing of Medical Expert Reports and Courtroom skills. **SKILLS/EXPERIENCE** **Mental health** * Depression
* Anxiety
* PTSD
* Eating Disorders
* Severe and enduring mental illness to include Schizophrenia, bi-polar illness
* Personality Disorder
* Forensic Psychiatry
* Challenging Behaviour

**Neurological Rehabilitation** * Acquired Brain Injury
* Traumatic Brain Injury
* Movement Disorders
* Stroke
* Cerebral Palsy
* Dementias including younger people with dementia and unusual dementias
* Huntington’s
* Multiple Sclerosis
* Sensory impairment
* Complex soft tissue injury

**Specialist Clinical Skills** * Holistic assessment of functional ability following injury and/or illness and prescribing of and/or provision of treatment, rehabilitation, equipment and recommendations for care
* Ergonomic assessment – workplace and domestic following soft tissue injury
* Anxiety Management and Assertiveness Training using CBT (adapted when required).
* Stress Management and Relaxation Training
* Graded Life skills Programmes incorporating personal and domestic activities of daily living and coping in the community.
* Behavioural Family Therapy
* Seating assessment and provision
* Neurological splinting
* Moving and handling of physical dependent clients
* Moving and positioning in bed
* Washing, bathing and dressing assessments

**WORK HISTORY****Nov 2003 to present**Amanda Nott Independent Occupational Therapist & Case ManagerPrivate Practice (Neuro Rehab and Case Management)**June 2015 to April 2017**Broadspire Rehabilitation (Crawford & Company)Associate Case Manager**Sep 2001 to October 2015**Knight Rehabilitation (AXA) Insurance)Panel Case Manager (Associates)**November 2014 to January 2015**Badby Park Ltd, Private provider of neurological care and rehabilitation, Northamptonshire. Band 6 Locum role for 3 months. **December 2012 to July 2013**PJ Care, Private provider of neurological care and rehabilitation, Peterborough and Milton Keynes.Consultancy role delivering and advising on and implementing new therapy service development. **August 2008 to Sep 2011**Bush & Company Rehabilitation LLPBrain Injury Case Manager (Associate) **Nov 2001 to July 2004**Isham House, St Andrew’s Hospital, Northampton Senior 1 Occupational Therapist: Employed across three clinical areas: Duties: Lead OT for Eating Disorder Unit  Assessment of physical and mental health needs from admission as medical emergency to outreach rehabilitation work in community setting.Group and individual Treatment Programmes **June 1999 to Nov 2001**PJ’s OT Department, St Andrew’s Hospital, Northampton Senior 1 Occupational TherapistDuties: Jointly developed and set up OT Service for early onset dementiaAssessment and treatment for patients with late stage dementiaMember of assessment team for fast track admissions unit Assessment and treatment for patients with Huntingdon’s **July 2000 to Jan 2001 Maternity Leave****Oct 1998 to June 1999**Abbey End Community Mental Health Team, Kenilworth, South Warks Combined Care NHS TrustSenior 1 Occupational TherapistDuties: Assessment, group and individual work with case load of clients with severe and enduring mental illness, anxiety and depression, personality disorder, phobias and dementia. **April 1998 to Oct 1998 Maternity Leave****Oct 1996 to April 1998**South Warks Combined Care NHS Trust St Michael’s Hospital and Day Hospital, Warwick South Warks Combined Care NHS Trust Senior 1 Occupational TherapistDuties: split post across inpatient acute psychiatric admissions and Day HospitalAssessments, group and individual work with individuals suffering from a range of mental illnesses requiring admission to hospital due to risk to self or others. **Jan 1995 to Sep 1996**Robinson Ward Forensic Admissions Unit, St Andrew’s Hospital, NorthamptonSenior II Occupational TherapistDuties: Secure setting working with challenging behaviour and risk management**Jan 1994 to Dec 1994**Eating Disorders Unit, St Andrew’s Hospital, Northampton Basic Grade Occupational TherapistDuties: As above (see Eating Disorders Unit) working under supervision of Senior I OT**July 1993 to Dec 1993**Tennent Ward, St Andrew’s Hospital, Northampton Basic Grade Occupational Therapist Duties: Slow stream rehabilitation in low secure setting. **Code of Practic**eCode of Ethics and Professional Conduct – college of Occupational Therapists.  | **Contact Details**Shrewsbury Office:Claremont HouseClaremont BankShrewsburySY1 1RWTelephone01743 368882EmailMobile  |