



Dr Holly Davies BSc (Hons) MSc DClinPsy Cpsychol
Clinical Psychologist in Neuropsychology

Personal Profile

I am currently the Clinical Neuropsychological Lead in Memory Assessment Services across Cwm Taf Morgannwg. I provide supervisory support to the Psychologists who sit within the memory teams across the region; whilst providing neuropsychological assessment for cases with greater complexity. In addition to my work in the NHS, I also provide neurorehabilitation and assessment through my work with Headwise.

I qualified as a Clinical Psychologist in 2015 and completed the Post Graduate Diploma in Clinical Neuropsychology in 2018, obtaining a distinction. I am currently enrolled on the BPS Qualification in Clinical Neuropsychology (QiCN) and hope to complete the QiCN in 2021. Since qualifying as a Clinical Psychologist, I have worked in the Welsh NHS in a range of roles, gaining experience across neuropsychological services. My experience to date has been across care pathways, from specialist inpatient assessment and neuro-rehabilitation services, to community post-diagnostic support and outpatient memory clinics. I have had the opportunity to work with a range of neurological conditions, including brain injuries, Stroke, Multiple Sclerosis, Parkinson's Disease, Dementias, Epilepsy, Dystonia and Medically Unexplained Symptoms.

I have experience of neuropsychological and capacity assessment, differential diagnosis and formulating complex cases, whilst developing and delivering interventions to suit the needs of the individual. I have strong skills in service development and evaluating the outcomes of interventions and services. I work collaboratively with other disciplines and as part of wider inter-disciplinary teams to provide systemic interventions.

I have additional qualifications and experience in Occupational Psychology. Thus, I have a keen interest in vocational rehabilitation and supporting individuals in work, education, and vocational projects. I believe in supporting community reintegration and inclusive participation for those living with neurological conditions. I also believe in developing strong links with third sector institutions, government, charitable, and NHS organisations to enable individuals to reach their goals and potential.

I have had the opportunity to provide teaching on neuropsychological topics at the South Wales Doctoral Programme in Clinical Psychology (DClinPsy) and Cardiff University's MSc in Ageing. I provide training to NHS and residential placement staff teams, students on placements, peers and external organisations (DWP). My experience to date has led me to provide team formulations, consultation and reflective practice for teams. I have experience in a range of therapeutic approaches

Contact Details

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which include Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Compassion Focused Therapy, Mindfulness, Solution Focused Therapy and Person-Centred approaches.

Academic qualifications

- ❖ Postgraduate Diploma in Clinical Neuropsychology (PG Diploma)
 - *University of Bristol (Distinction) (2018)*
- ❖ Doctorate in Clinical Psychology (DClinPsy) (Pass)
 - *The South Wales Doctoral Programme in Clinical Psychology, Cardiff University (2015)*
- ❖ MSc Occupational Psychology (Pass)
 - *Wolverhampton University (2008)*
- ❖ BSc (Hons) Psychology (Upper Second Class)
 - *University of Wales Institute Cardiff (2007)*

Professional qualifications

- ❖ Report Writing and Courtroom Skills
 - *Bond Solon (2018)*
- ❖ ACT for Beginners
 - *Russ Harris (2018)*
- ❖ Treating Trauma (Master Series)
 - *NICABM (2018)*
- ❖ Introductory Supervisor Workshop
 - *South Wales Doctoral Programme in Clinical Psychology (2016)*
- ❖ Bridges Stroke Self-Management Training
 - *Bridges (2016)*
- ❖ Introductory Compassion Focused Therapy training
 - *Mary Welford (2015)*
- ❖ Stroke Training and Awareness Resources (STARS) Core competencies
 - *NHS Education/University of Edinburgh (2015)*
- ❖ BPS Level B Certificate in Psychometric Testing
 - *Wolverhampton University (2011)*
- ❖ Teaching Clients to use Mindfulness Skills
 - *Stanton Ltd (2011)*
- ❖ BPS Level A Certificate in Psychometric Testing
 - *Wolverhampton University (2008)*

- ❖ AQA Diploma in Counselling
 - *Coleg Gwent (2008)*
- ❖ AQA Intermediate and Advanced Counselling Skills
 - *Coleg Gwent (2006 and 2007)*



Pending qualifications

- ❖ BPS Qualification in Clinical Neuropsychology (QicN)
 - Pending completion (2021)

Conference attendance

- ❖ Sleep Medicine Wales Symposium
 - *Aneurin Bevan Sleep Centre (Wales) (2018)*
- ❖ Older Minds New Ideas
 - *Cardiff (2018)*
- ❖ Welsh Stroke Conference
 - *Welsh Association of Stroke Physicians (2017)*
- ❖ UK Psychological Trauma Society
 - *Annual Cardiff conference (2012)*

Employment

Clinical Neuropsychological Lead in Memory Assessment Services (Band 8b)

September 2020 – Present

Older Persons Mental Health Services, Cwm Taf Morgannwg University Health Board

- ❖ Providing supervision to Applied Psychologists, Trainee Clinical Psychologists and Assistant Psychologists for assessment and ongoing support
- ❖ Responsible for service development across memory assessment services and embedding neuropsychological theory and practice
- ❖ Providing specialist neuropsychological assessment services
- ❖ Developing neuropsychological formulations with specialist memory teams and multi-agency teams for complex presentations
- ❖ Providing neuro-rehabilitation and post-diagnostic support around adjustment, grief and loss and a range of psychological presentations
- ❖ Ongoing responsibilities include audit, service evaluation, research, policy development and governance

Clinical Psychologist in Dementia (Band 8a)

February 2018 – August 2020

Memory Team and Young Onset Dementia Service, Cardiff & Vale University Health Board

- ❖ Supervision of Trainee Clinical Psychologists, Assistant Psychologists and Undergraduate psychology students



- ❖ Neuropsychological assessment and differential diagnosis for outpatient Memory Team services
- ❖ Responsible for individual therapeutic interventions for individuals and carers
- ❖ Responsible for delivering systemic interventions to families
- ❖ Therapeutic group facilitation
- ❖ Developing and delivering staff training
- ❖ Risk formulation, safeguarding and risk management
- ❖ Responsible for service development projects, pathways and protocols
- ❖ Responsible for overseeing service evaluation and audit

Clinical Psychologist in Neuropsychology (Band 8) *October 2016 – February 2018*

Community Neuro-Rehabilitation Service and Stroke Services, Cwm Taf UHB

- ❖ Delivery and development of community (group-based) interventions (ACT, CBT, Mindfulness, Positive Psychology)
- ❖ Provision of self-management support/services for individuals and their families
- ❖ Neuropsychological assessment and differential diagnosis (inpatient/outpatient)
- ❖ Responsible for reporting to Welsh Government on service performance
- ❖ Providing neuropsychological training and teaching (DWP, DCLinPsy, Cwm Taf UHB)
- ❖ Consultation to Early Supported Discharge (ESD) team for stroke and inpatient rehabilitation wards
- ❖ Provision of team formulations
- ❖ Assessments of mental capacity
- ❖ Risk formulation and management
- ❖ Supervision of Assistant Psychologists and CNRS staff
- ❖ Development of pathways, protocols, and service literature/online platforms

Clinical Psychologist in Stroke (Band 7) *November 2015 – September 2016*

Community Neuro-Rehabilitation Service, Aneurin Bevan University Health Board

- ❖ Provision of individual and group based psychological interventions
- ❖ Providing brief interventions along with longer term support for complex cases
- ❖ Provision of psychological care to both the ESD team and outpatient stroke psychology service
- ❖ Neuropsychological assessment and formulation
- ❖ Assessment of mental capacity
- ❖ Development of mood and cognition pathways, staff training to support initiative
- ❖ Facilitated regular supervision for an Assistant Psychologist and reflective practice sessions for the wider ESD team



- ❖ Team formulations and consultation across the stroke pathway
- ❖ Training to staff across stroke pathway

Trainee Clinical Psychologist (Band 6)

October 2012 – September 2015

The South Wales Doctoral Program in Clinical Psychology, Cardiff University

- ❖ Provided psychological interventions to complex cases across the lifespan, working with a variety of presentations, individuals, their families, and wider systems and in a range of settings
- ❖ Trained in a range of therapeutic approaches, with the course predominantly providing instruction in CBT and systemic therapy
- ❖ Undertook a doctoral thesis research project investigating social cognition in traumatised individuals
- ❖ Final year elective placement in neuropsychology, split between Rookwood Hospital specialist inpatient brain injury rehabilitation centre and the outpatient neurology service

Assistant Psychologist & Occupational Psychologist in Training *October 2010 – September 2012*

Headwise Ltd, Birmingham

- ❖ Cognitive assessment and screening
- ❖ Delivering inpatient and community-based rehabilitation
- ❖ Delivery of psychological interventions and evaluating their efficacy
- ❖ Behaviour and risk management on a neuro-behavioural inpatient unit
- ❖ Audit, literature reviews, contributing to organisations research projects and service evaluations
- ❖ Contributed to the development of vocational services within the organisation
- ❖ Supervised by the Consultant Clinical Neuropsychologists and Family Therapist

Conference presentations

Davies, Barningham & Broughton (2017). *Introducing a collaborative and stepped care model of psychological support for patients following a stroke early supported discharge pathway.* Poster presented at the Welsh Stroke Conference, Cardiff, Wales, UK.

Professional Membership

- ❖ Health and Care Professions Council (HCPC) - *Practitioner Psychologist*
- ❖ British Psychological Society (BPS) - *Chartered Clinical Psychologist CPsychol*